

# LOCAL CPR / First Aid / AED providers

## Certified CPR classes:

### Valley Regional Fire Authority

<http://www.vrfa.org/Community-CPR>

Adult, Child, and Infant CPR Training:

First Wednesday of each month (excluding July, August and December)

\$25 fee for this class and pre-registration is required. 253-288-5800

### Puget Sound Regional Fire Authority

<https://pugetsoundfire.org/cpraedfirst-aid>

Generally on the second Saturday of each month

Heartsaver Adult CPR with AED - \$30

Heartsaver Adult CPR with AED and First Aid - \$60

Pre-registration is required. (253)-856-4300

### Federal Way Community Center

<https://itallhappenshere.org>

Third Saturday of each month

Adult CPR with AED - \$35

Adult CPR with AED and First Aid - \$60

Pre-registration is required (253)-835-6928

### CPR Northwest Washington

<https://www.cprnwwashington.com>

### Cascade Health Services

<http://www.chealthcare.com>

### American Red Cross

<http://www.redcross.org>

## Certified CPR instruction at your location:

### Cahan First Aid & CPR Training

Email: [CFACPRT@hotmail.com](mailto:CFACPRT@hotmail.com) Phone: 253-332-9085

## Online training:

### CPR Today Online Course

<http://www.cprtoday.com>

### CPR/AED Online Course

<http://cpraedcourse.com>

## FREE Non-certified hands only CPR:

### South King Fire and Rescue

<https://www.southkingfire.org>

This class teaches you how to keep someone alive until the fire department arrives. Ideal for Church groups, businesses, and other activity groups. Contact our Community Affairs Office at 253-946-7347